

1 SOUL 1 MINUTE

אֲחֵינוּ כָּל בֵּית יִשְׂרָאֵל, הַנְּתוּנִים בְּצָרָה
וּבִשְׁבִיָּה, הָעוֹמְדִים בֵּין בָּיִם וּבֵין בַּיַּבָּשָׁה,

הַמְּקוּם יִרְחַם עֲלֵיהֶם, וְיוֹצִיאֵם מִצָּרָה
לְרוּחָהּ, וּמֵאֲפֵלָה לְאוֹרָה, וּמִשְׁעַבּוּד
לְגֹאֲלָהּ הַשְּׂתָא בְּעֵגְלָא וּבְזִמְן קָרִיב.

Acheinu kol beit yisrael,
han'tunim b'tzara,
b'tzara uvashivyah,
ha'omdim bein bayam
uvein bayabasha.

Our brethren, all of Israel,
who are found in distress
and captivity, who are
situated whether at sea
or whether on dry land:

Hamakom Y'racheim,
Y'racheim Aleihem
v'yotziem mitzara lirvacha
um'afaila l'orah umishiabud
lig'ulah, hashta ba'agala
uvizman kariv.

May the Almighty have
mercy upon them, and
remove them from
distress to relief, from
darkness to light, and
from subjugation to
redemption, now speedily
and in a time that comes
soon.