

# 1 SOUL 1 MINUTE

מִזְמוֹר לְתוֹדָה הֲרִיעוּ לַאֲדוֹנָי כָּל־הָאָרֶץ:  
עֲבְדוּ אֶת־אֲדוֹנָי בְּשִׂמְחָה בָּאוּ לִפְנֵי  
בְּרִנָּה:

דַּעוּ כִּי־אֲדוֹנָי הוּא אֱלֹהִים הוּא־עָשָׂנוּ וְלוֹ  
אֲנַחְנוּ עֵמוּ וְצֹאן מִרְעִיתוֹ:  
בָּאוּ שְׁעָרָיו בְּתוֹדָה חֲצֵרֹתָיו בְּתִהְלָה  
הוֹדוּ־לוֹ בְּרִכּוֹ שְׁמוֹ:

כִּי־טוֹב אֲדוֹנָי לְעוֹלָם חֶסֶדְדוֹ וְעַד־דָּר וְדָר  
אֲמוֹנָתוֹ:

Mizmor letoda,  
haríu ladonai col  
haárets  
Ivdú et Adonai  
bessimchá, bôu  
lefanav birnana  
Deú ki Adonai hu  
Elohim, hu assánu  
veló anáchnu, amo  
vetson mar'ito  
Bôu shearav  
betoda, chatserotav  
bit'hila, hôdu ló,  
barechú shemo Ki  
tov Adonai, leolam  
chasdo, vead dor  
vador emunató

A song composed for times when we feel deep gratitude. When we feel that all of the world should proclaim The Almighty's greatness.

It is at these times in life that we serve the Almighty with happiness in our heart; and we come before Him with joyous song on our lips!

We understand that the Almighty is the source of everything. We realize that He created us, and that we alone are His nation, and His flock.

As we pray and sing, we enter His gates with songs of personal gratitude. And then proceed to connect even deeper by thanking him for everything!

Thank Him. Bless His name!

For the Almighty is the ultimate good, and his kindness endures forever.

And from generation to generation we can rely upon his promise of the Jewish people's eternal and miraculous survival.